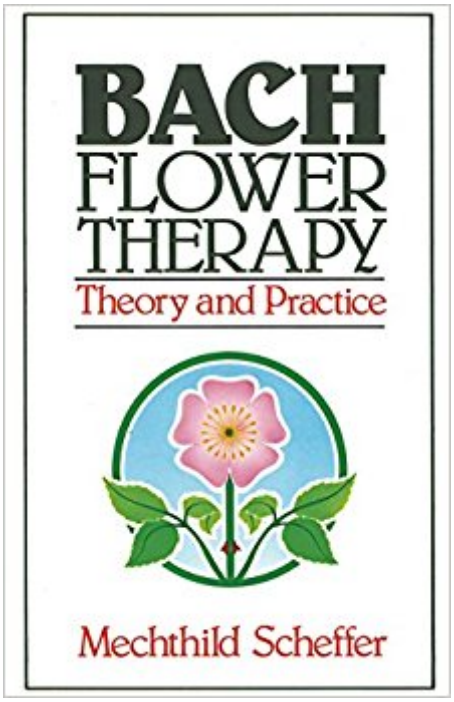
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Bach Flower Therapy: Theory And Practice



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Synopsis

The first contemporary study of Bach's techniques by one of Europe's leading practitioners. More than 50 years ago, English physician Dr. Edward Bach grew disenchanted with orthodox medicine as he came to understand that many physical complaints have a strong psychosomatic element. Over many years of study, he discovered 38 flower remedies that act on the disharmony within the patient and pave the way toward recovery. Bach Flower Therapy describes the remedies in such a way that patients taking them will gain deeper insight into the remedies underlying psychological concepts, thereby enhancing the potential for self-healing. Intended for practitioners and lay readers alike, the book includes lists of symptoms to facilitate diagnosis.

Book Information

Paperback: 240 pages
Publisher: Healing Arts Press; Reissue edition (December 1, 1986)
Language: English
ISBN-10: 0892812397
ISBN-13: 978-0892812394
Product Dimensions: 5.4 x 0.5 x 8.5 inches
Shipping Weight: 6.4 ounces (View shipping rates and policies)
Average Customer Review: 4.8 out of 5 stars 29 customer reviews
Best Sellers Rank: #316,952 in Books (See Top 100 in Books) #113 inÃ Â Books > Health, Fitness & Dieting > Alternative Medicine > Homeopathy #207 inÃ Â Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy #64480 inÃ Â Books > Religion & Spirituality

Customer Reviews

"Scheffer describes the flower remedies in such a way that a patient will gain deeper insight into the remedy's underlying psychological concept. Also included are chapters on remedies in practice and experiences in treatment." (Health Foods Business)

Text: English (translation) Original Language: German

Greatest book on Bach's Flower Essences Therapy ever written. It gives an explanation of the essences involved in each therapy and how they are useful. Great reference book!!

I like this book because the descriptions of each of the flowers give you all aspects of the benefits.

The part I like most is the list of symptoms to show you need a certain flower and the explanation of what to expect behaviors or thoughts to be after healing takes place. It even gives you Supportive Measures... that's suggestions on what to avoid (horror films) and what to participate in (new hobbies). I would definitely recommend this to anyone who wants to make a difference in their family's and their own health.

Very insightful addition to my healing library. A must have. Very well written. Bach Flower Remedies are the medicine of the future. Way ahead of its time.

I love this book. It works best with the FES Repertory. I love the long definitions, and situations on which the flower essences work towards healing our emotional body. If you are working on healing yourself, you must look into flower essences. I am a practicing Reiki Master Teacher, Sacred Energy Facilitator, and a Shaman. I utilize these daily in my own healing process, as well as with clients. I HIGHLY Recommend.

This book seems to be very thorough in Back Flower Therapy. I've yet to read the whole book but from my brief look-e-looing.....I'm glad I got it. I love the idea of this type of taking care of one's overall health.

very concisely, brilliant.

First class. It's my fourth or fifth copy because I keep giving it to people who need to know about this.

Great book and easy to find the right flower needed.

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Guide to the Identification of Spring Wild Flowers and Flower Families East of the Rockies and North of the Smokies, Exclusive of Trees and Shrubs (Nature Study Guides) Treating Psychosis: A Clinician's Guide to Integrating Acceptance and Commitment Therapy, Compassion-Focused Therapy, and Mindfulness Approaches within the Cognitive Behavioral Therapy Tradition JC Bach: Concerto in C minor (Cello & Piano) by Ed: Mar??chal and Casad??sus Bach (2016-05-31) Bach Perspectives, Volume 8: J.S. Bach and the Oratorio Tradition Bach Flower Essences and Chinese Medicine The Bach Flower Remedies Step by Step: A Complete Guide to Selecting and Using the Remedies Adult Coloring Books: Flowers Stress Relieving Patterns, Flower Swirls, Paisley, Rose Flower, Birds, Butterflies and Dragonfly DIY Jewelry making Tutorial Beaded Flower, Step by step Beaded Pattern, Flower Pendant with Swarovski, Toho bead and Miyuki Delica Beads What's So Great About Bach?: A Biography of Johann Sebastian Bach Just for Kids! The World of the Bach Cantatas: Johann Sebastian Bach's Early Sacred Cantatas (v. 1) J.S.Bach Complete 2 Part Inventions Arranged for Six String Solo Bass (Johann Sebastian Bach Complete 2 Part Inventions) (Volume 3) Light Therapy: Teach Me Everything I Need To Know About Light Therapy In 30 Minutes (Light Therapy - Season Affective Disorder - SAD - Vitamin D) Floral Acupuncture: Applying the Flower Essences of Dr. Bach to Acupuncture Sites

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